# Expressive Introspection© Class Supplies to Obtain by Students

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#### **Core Supplies**

- Paper (at least 6 pieces)
  - Mixed media or watercolor paper (any size 8" by 10" or larger)
- Pencils
  - #2 graphite pencil
- Artist Pens
  - o Preferably an artist drawing pen in black and at least 4 other colors.
- Soft Pastel Chalks or Oil Chalks and/or set of colored pencils.
- Tortillion or Blending Stump (for shading and moving pastel colors)

## All of the aforementioned can be found at any of the following stores using the search function.

- Amazon Amazon.com : Zentangle Art Supplies
- Big Lots <u>Search Page | Big Lots</u>
- Blick Illustration and Drawing Supplies | BLICK Art Materials (dickblick.com)
- Jerry's Artarama <u>Drawing and Illustration Supplies</u> | <u>Pens, Markers, Pencils, Erasers Jerry's</u> Artarama (jerrysartarama.com)
- Michael's https://www.michaels.com/search?q=zentangle

### Found Objects and Instruments (to Make Sound)

- Found objects in your home or outside (we will discuss these in class).
- One or Two Instruments
  - o Instruments you or someone in your family may already own.
  - o Affordable instruments at any local used music store or online.
  - o Affordable instruments online under \$13
    - Percussion Spoons: Amazon.com : INSTRUMENTS SPOONS
    - Harmonica: <u>Amazon.com: Fender Blues Deluxe Harmonica</u>, <u>Key of C: Musical Instruments</u>
    - Thumb Piano: Amazon.com: Kalimba Thumb Piano 17 Keys Musical Instruments, Portable Mahogany
       <u>Wood Mbira Finger Piano Gifts with Tune Hammer and Study Instruction for Kids and Adults Beginners:</u>
       <u>Musical Instruments</u>

### KIT Materials on the Zentangle Website

- White Gelly Roll Pen
  - o Sakura's White Gelly Roll® Fine 05 Pen Zentangle
- White chalk pencil.
  - https://zentangle.com/collections/pencils/products/pencil-miniwhite
- Three Zendala Tiles Black, Renaissance and Grey (one of each color)
  - o Zendala Paper Tiles Zentangle
- Apprentice Tiles White (three of these)
  - o Apprentice Paper Tiles Zentangle
- These can also be found at any of the retailers listed above except Big lots and Jerry's.